

YEAR BOOK

OF THE

**INTERNATIONAL SOCIETY OF
NATUROPATHIC PHYSICIANS**

AND OF

**EMERSON UNIVERSITY
RESEARCH COUNCIL**



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Address all correspondence to

DR. ARTHUR SCHRAMM

2270 COLORADO BOULEVARD

Eagle Rock

LOS ANGELES 41, CALIFORNIA

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AMERICAN NATUROPATHIC ASSOCIATION

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Office of the President
DR. BENEDICT LUST
343 Lexington Avenue
New York, N. Y.

April 19, 1945

Dr. Arthur Schramm, President
International Society of
Naturopathic Physicians
2270 Colorado Boulevard,
Los Angeles 41, California

My dear Doctor Schramm:

You have shown great initiative and a genuine ambition to bring our profession and the public toward a realization of the knowledge they should have for universal benefits of health and a rational health system, to cover all cases and conditions and which is at all times superior to the medical methods, which are mostly guesswork and are only applied and kept up as a business for the exploitation of the public, keeping down competition and domination by autocratic means. We must have financial backing behind us to do this work of liberating America once more and put back into the Constitution what the signers of that document had in mind for us.

My best wishes go forth to you, to your work, to your organization, and I hope that you will continue to labor for true Naturopathy.

Sincerely and Naturopathically,
DR. BENEDICT LUST
President



Dr. Lust Speaking

To the Believers in the Efficacy of Herbs the World Over:

More than fifty years ago, I landed upon these God-given shores of America. At that time I was filled with a great determination—spurred on by a burning desire—to bring to the peoples of this New World the teachings of Father Sebastian Kneipp. That determination—that desire—has never left me. In fact, the years that have passed have but increased my ardor and made the goal I have set for myself the more alluring.

Father Kneipp depended upon but three agencies for his treatments—first, the Almighty; second, herbs; and third, baths or water cure.

Very often he used to call us together and say: "The average person is very hard to convince. The Nature Cure is much too simple for their imagination. So, when a new patient arrives I always start in by advising the taking of five juniper berries the first day. On the second day I raise the amount to six. On the third to seven—and so on, adding one berry each day until the total of thirty is reached. Then I reverse the order and take away one berry each day until the original five had been reached. The effect of these juniper berries on the ailing is so marvelous—so miraculous—that the patient then gladly consents to go through with the entire treatment of my water-cure without question."

Thus did the Reverend Father Kneipp find in the simple herbs the suitable introduction to his wonderful treatments.

In the years that have elapsed since my arrival in America, I have found, from experience, that in the correcting of abnormal conditions in the human body, herbs should have a most prominent place. Herbs are truly Nature's medicines. When administered skillfully, they can bring lasting results and relieve pain almost as quickly as can the dangerous narcotics in the hands of a medical doctor.

As the Father of the Nature Cure in the United States—as head of the Naturopathic movement in the Western Hemisphere—as the direct representative of the beloved Father Sebastian Kneipp, I commend the study of Herbs to anyone who is seeking the true foundation of natural healing.

BENEDICT LUST, M.D., N.D., D.C., D.O.

Member, American Naturopathic Association

FOREWORD

The purpose of this year book is to preserve for posterity the record of the Naturopathic pioneers in California and the contemporary picture of the profession. It is sponsored by the Emerson University and the International Society of Naturopathic Physicians. It is the aim of this work to particularly honor Dr. Carl Schultz, the "Father of Naturopathy in California." Dr. Benedict Lust, the Father of Naturopathy of all America has cooperated in every respect by letting us have access to certain items of information that would be difficult to obtain elsewhere.

We also want to honor especially Dr. Arthur Schramm who labored hard and long in building up not only Emerson University and its Research Council, but who strove also to gather all the monumental information that goes into even a small work like his. It is hoped that he may be able to continue in his leadership and guidance. He has proven a gold mine of information in our field and always has been ready to reply to our countless personal and professional letters. He is attempting to have at his fingertips all and every item of information that might be needed by Naturopathic physicians. So far he has shown himself almost encyclopedic. From the humble beginning of an informal study group in Botanic Medicine, he has amassed a membership international in scope and interests. He has a larger body of members than any other naturopathic group of its kind. Its total has grown from the original seven: Dr. Arthur Schramm, Dr. John W. Schmitz, Dr. Peter N. Spelio, Dr. Harold E. Foster, Dr. Hugh R. Aitchison, Dr. W. J. M. Maxwell, Dr. Lyle D. Holland, to about eight hundred specifically listed members, practicing not only in the United States, but also in Canada, England, India, Australia, New Zealand, etc. The initial aim of this organization was mostly in the field of the study of phytotherapy, hence its name "The National Association of Naturopathic Herbalists of America". Now its field is so widespread that it has transferred its membership into an international organization so that now membership includes over two thousand.

Another ideal to strive for is the re-education of one another by means of such a guide book as this. Not that this book will have great teaching value, but it will merely point the way. It will be a guide. It will offer a few goals to aim for. Every professional man must learn that he **MUST LEARN**. He must be constantly striving to add to his storehouse of knowledge. He must be willing to exchange this knowledge in a scientific manner, and in such a way that anyone with a basic training would be able to duplicate the efforts of the original investigator. Either you are raising your profession and yourself or you are lowering both. You cannot stand still in this regard.

Still another goal is to try to point the way for all the branches of the healing arts to bury the hatchet in some place besides their professional brothers' heads. The many divergent groups of the Allopathic and Naturopathic professions as well as other branches of the healing arts, should work united for their similar goals instead of bickering and nagging one another. Both sides want to serve the sick. Both want to prescribe medicine. Both see the necessity of surgery. They differ rather in degree of treatment than in kind. Drug houses would not go out of business tomorrow if the Naturopaths were the only ones permitted to heal the sick. Indeed many new substances with greater earning power for both the doctors and the drug houses would result. It is not that so-called drugless practitioners want less drugs. They want less of some kinds, like narcotics and poisons, and more, much more, of others, such as vitamins and botanical and glandular remedies.

So, in conclusion, we want to teach you to know your Naturopathy, to know your Naturopaths, to have a professional attitude and culture comparable to the great worth of the profession itself, and to have a Naturopathic philosophy of life in black and white so that you can refer to it as a guide every day. And, like another great contributor toward our enriched history, Dr. Frederick W. Collins, would sign himself,

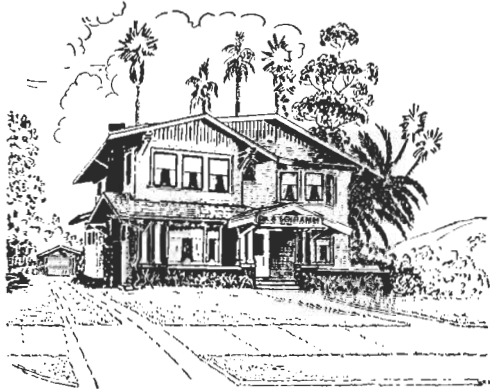
Vigorously yours for health,

Peter J. Schneemann, N.D., Ph.D.,

Sec. International Society of Naturopathic Physicians.

Mount Clemens, Michigan February 14, 1945

International Society of
NATUROPATHIC PHYSICIANS



Business Office:

2270 COLORADO BOULEVARD
Eagle Rock
LOS ANGELES 41, CALIFORNIA



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2270 COLORADO BOULEVARD
LOS ANGELES 41, CALIFORNIA

Founded 18 May, 1914



Dr. Carl Schultz
Father of Naturopathy in
California, died 1935
Founder



Dr. Arthur Schramm
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Dr. O. M. Richardson
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Dr. Ellen Schramm
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OF AMERICA

2270 COLORADO BOULEVARD
LOS ANGELES 41, CALIFORNIA

Founded 1 January, 1938



Dr. J. M. Alexander
President



Dr. Geo. G. Chromiak
First Vice-President



Dr. Malcolm R. Mackintosh
Second Vice-President



Dr. Harold E. Foster
Treasurer



Dr. K. Julia Murphy
Secretary



DR. CARROLL J. MATHER

... Speaking

FELLOW MEMBERS:

Now, when I am looking back at the first seven years of our association's activities, I can not help but saying that it has been a wonderful period for our individual members as well as for our association.

It has been my great pleasure to have joined the National Ass'n of Naturopathic Herbalists of America when it was in but swaddling clothes and to have witnessed the remarkable growth attained by this body of august gentlemen. Membership attainments have been kept within the rank of professional standards and we are proud of the caliber of our fellow members.

Back of this great achievement in growth from the small beginning of seven years ago as the NANHA due credit and praise must be given Dr. Arthur Schramm, whose untiring efforts in behalf of botanic medicine in part, and naturopathy on the whole, enrolled eight hundred members in the seven years he has served as our president of the NANHA. More than 19,000 pieces of mail were answered by him in that period. With such a grand record the doctor now relinquishes the presidency and will hereafter, due to his wide knowledge of and acquaintanceship in Naturopathic associations, here and abroad, be the president of our reorganized "International Society of Naturopathic Physicians". The ever gracious Dr. Ellen Schramm, wife and helpmate of Dr. Arthur Schramm, likewise is fully entitled to the thanks of our society for her devotion to our organization's welfare in conjunction with her manifold duties as a physician as well as housewife. May our society be blessed with more willing workers like the Drs. Schramm.

So today, fellow members, we have and are proud of our new cognomen the "International Society of Naturopathic Physicians" an outgrowth of our ever growing NANHA. This name was instituted in due respect to the wishes of our naturopathic physicians to accommodate their various interests and activities. Under our broadened title will be sectional groups or bureaus to emphasize the interests of our members in their specialties, as electrotherapy, physiotherapy, psychotherapy, botanotherapy, etc., each bureau or subdivision being an allied society. The NANHA will retain its name as sectional group of the ISNP. Through this arrangement there can be better disseminated the interests of our Naturopathic Physicians who are interested in special fields of therapeutics. Too, each Naturopathic physician's interest can be represented in a more dignified, scientific, and thoroughly ethical manner.

We are blessed with the splendid growth our Emerson University Research Council puts forth and the creditable work its members are doing. Likewise our affiliation with the Academy of Naturopathic Science and Research affords a testing laboratory for naturopathic devices and products. We are proud of these affiliations and the caliber of their men.

It is the sincere hope of this writer that the International Society of Naturopathic Physicians will hasten complete unity, promote progress in therapeutics, and that the achievement of our endeavor will be a meritorious addition to the glory of modern Naturopathy.

Naturopathically yours,
Carroll J. Mather
N.D., D.B.M., Ph.G., LL.D.



Dr. Wm. H. Allen
President



Dr. V. J. Sinclair
Secretary



Dr. Joseph Smolski
Vice-President

ACADEMY OF NATUROPATHIC SCIENCE AND RESEARCH

818½ South Main Street

Columbia, Tennessee

February 7, 1945

Since its incorporation in 1939 the Academy of Naturopathic Science and Research has devoted its time mostly to research and educational projects. Its membership was then limited to one hundred. Not until the summer of 1944 was it decided to expand. September 1 of that year a membership drive was launched and three months later more than 1000 new members were enrolled. This rapid growth still continues. The Academy is now the largest Naturopathic organization in the United States. All its various departments are expanding correspondingly. The official organ, THE NATUROPATHIC REVIEW, issued at regular intervals furnishes complete details.

The International Society of Naturopathic Physicians and the Academy of Naturopathic Science and Research planned a joint year book. Due to the rapid growth as well as lack of office facilities the Academy has been unable to get their material ready for this issue. Moreover, we are greatly behind in our correspondence and have been unable to send some three hundred new members their membership cards. With increased personnel in our various departments this bottle neck will rapidly be overcome.

The International Society of Naturopathic Physicians has set the complete cooperation and unity of all Naturopathic organizations throughout the World as its goal. While the Academy works for the consolidation of all naturopathic interests in the United States, in particular, some of the world leaders in Naturopathy, founders and officers of various other Naturopathic associations, are members and officers of the Academy and are doing their part to bring about a complete unity among the Naturopaths.

Many individuals of the profession even among the Academy and International members believe the time is ripe to have this large membership go into the political arena of the various states in support of legislation. While we favor suitable and adequate legislation, we do not consider it expedient to actively take up the cudgels and initiate legislative programs. Our greatest contribution will be to support educational research first. We cannot hold our profession up in the bright light of day unless we are educated and educators. We are desperately in need of schools, schools supported by sufficient hospital facilities for internships and clinical experience. Our constant aim must be to get legislation not only to permit us to enter hospitals as physicians, but to support such ventures if possible by public money. But education and hospitalization facilities come first on our program.

Only in knowing do we learn to evaluate one another. Therefore for cooperation and unity we must have an educational program. Learn, treat, teach. Make Naturopathy reach. Only by UNITY can we forge ahead with impunity.

Dr. W. H. Allen, President

DR. CARL SCHULTZ
FATHER OF NATUROPATHY IN CALIFORNIA

While Priessnitz, Kneipp, Just, Bilz, Kuhne, Hahne, Ehret, Ling, Brandt, Orbell, Ricker, Hensel and Lehmann preferred to oppose the dictators of orthodoxy in Europe, Lust, Collins, Riley, Lindlahr, Schreiber, Zimmerman, Janeway, Leslie, Hotchkiss, Schramm, Allen, to mention a few of these many worthy protagonists of Naturopathy, carried the battle to the New World, where medical orthodoxy was but too well entrenched. Naturopathy has met with signal success in every state of the Union. California rightfully calls Dr. Carl Schultz "The Father of Naturopathy in California". Born in Greifswald, Germany, December 27th, 1849, Dr. Schultz excelled most of his fellow students at the University in chemistry and homeopathy. Later his interest centered in the methods of Bilz and Kneipp. To fully satisfy his desire he studied hydrotherapy, massage, electrical modalities, chromotherapy, orthopedic surgery as well as all branches then known as Nature Cure and Naturopathy. He opened his field in Texas and South Carolina. Following Horace Greeley's motto he went West. He came here, a pioneer in the new art of healing. And so we find him in Los Angeles, Here his "Naturopathic Institute and Sanitarium of California" met with immediate success. It inspired others to such an extent that the majority of drugless practitioners of the coastal states became his graduates. He was one of the first Naturopaths to recognize the teachings of Chiropractors and Osteopaths and to incorporate their methods with his own. About this time the orthodoxy took up arms against him and the profession which he was so ably nurturing. To him practically alone belongs the credit of putting the foe on the defensive. He studied law at night and passed the Bar after three years. He was first of all a Physician. He entered the courtroom only in defense of the unfortunate, especially those prosecuted and persecuted as was his own profession. So well did he perform his legal duties that by 1903 he was acting as council before the United States Supreme Court. He countered every orthodox tactic and gained ground in his court battles to such an extent that he was able to have passed a bill licensing Naturopaths in California on March 19, 1909. The regular medical board usurped control of the new naturopathic board and refused to issue any more licenses six months after passage of the bill.

In 1901, Dr. Schultz organized the Association of Naturopathic Physicians of California, whose secretary he was for six years. Yet with all these activities he was able to keep his office practice and to attend to approximately sixty patients a day. Later he became president and held this post for eight years, refusing renomination. His organization mutinied, however, and re-elected him secretary. Dr. Schultz obtained a charter for the "California University of Liberal Physicians" in 1914. He organized this school and as owner and president ran it conjointly with his Naturopathic Institute of California. A research group was organized under the sponsorship of Dr. Schultz and the University. It functioned spasmodically until Dr. Schramm revived it to full vigor in 1932 with the aid of Dr. Curtis Hollinger. Meanwhile the University flourished in increasing repute and Dr. Schultz' private practice added so much to his burdened time that by 1928 he turned over both the university and his practice to Dr. Olson. For various unforeseen circumstances Dr. Olson had to withdraw after about two years and 1931 found Dr. Schultz back in practice and head of his school. Although greatly aided by Dr. Schramm, he at last decided to sell to Dr. Hollinger in 1934 and Dr. Schramm continued with the school, when Dr. Hollinger bought the charter. On May 5th, 1935 Dr. Schultz passed away.

Funeral services were held at the place of interment, Inglewood Cemetery. Dr. Arthur Schramm, Master of the Masonic Lodge "Acacia" of which Dr. Schultz was a member, conducted the service according to Masonic Ritual. He summed up the great service Dr. Schultz had rendered to humanity and remarked that the niche he held could not be fittingly filled in many a year to come.



Dr. M. T. Campanella



Dr. Carl Eric Hotchkiss

DR. MARIO T. CAMPANELLA

The profession of Naturopathy is indebted to Dr. Mario T. Campanella for his latest contribution to the literature in that field, the "Naturopathic Review" official organ of the American Academy of Naturopathic. Here the aim is embodied and the clarion call is sounded for all naturopathic doctors to unite, for all minor groups to get together and form a solid front for the mutual benefit of the profession in every state of the Union. It is hoped that this little bud in Naturopathy will blossom forth into something more than all the other efforts have done. Real scientific literature is necessary in our branch of the healing arts. So far it does not exist. Every writer tells what he has done for a patient suffering from a specific ailment then fails to outline the specific steps necessary in treating the condition. Until we can learn to write so that others can duplicate every step of our procedure as to diagnosis, prescription of means of treatment, action sought, contra indications for such treatment, length of treatment, etc., we are utter failures as a scientific profession and just quacks.

Dr. Campanella, with his rich background of European medical orthodox training at the Royal University of Turin, appreciates the scientific value of proper procedure in writing and discussion and will bend every effort in this way to accomplish these broad aims.

Dr. Campanella is very active. He is a Fellow of the Calcutta Homeopathic Medical Board, the Royal Homeopathic Society, the Hahnemann Association, the Research Council of Emerson University, and numerous others. He also holds degrees in Medicine, Surgery, Naturopathy, Osteopathy, Chiropractic, Physical Medicine, Philosophy, etc. It is hoped his efforts in publishing and the reorganization of his small Lucem College into a larger university will result in success.

DR. CARL ERIC HOTCHKISS

Dr. Carl Eric Hotchkiss is a worthy successor to the line of fathers of Naturopathy in California. Like Dr. Carl Schultz, he is striving to place an equitable law on the books for California. In the last legislature he succeeded in getting passed a Naturopathic bill in the state Senate by a large majority; it, however, failed in the Assembly.

Dr. Hotchkiss is a graduate of the California College of Natural Healing Arts, the Los Angeles College of Chiropractic and Naturopathy, the American University, the College of Naturopathic Physicians and Surgeons. He is licensed in Utah and California. Formerly he was editor of "The Naturopathic Physician". He has been a very active member for and in the Naturopathic Physicians Association of California. He has been president for the past decade. He has served in the army medical corps in World War I and has been in active practice since that time.

Among the organizations to which he belongs are: The U. S. Naturopathic Association, the American Naturopathic Association, the National Association of Naturopathic Herbalists of America, the United Practitioners Association of Australia, the Utah State Society of Naturopathic Physicians and Surgeons, the International Society of Naturopathic Physicians.



DR. PETER J. SCHNEEMANN

We are fortunate to have as advisor Dr. Peter J. Schneemann, whose background in education is a worthwhile adjunct to our research work. His aid as former editor and publisher of school and college newspapers, has proven almost indispensable as we are about to go to press. He has gratuitously offered his time for this laborious task.

Dr. Schneemann is little known in the West. He majored in New Jersey in English and philosophy and minored in classics for his A. B. at Seton Hall College, South Orange. After studying theology and majoring also in education and guidance and personnel work, he received his M. A. at the same institution. He attended courses at both Rutgers and Columbia Universities and received his Ph. D. from the Lucern College of Sciences in education and administration. He taught high school at St. Benedict's Preparatory School, Newark, N. J. for four years and later received his A. S. degree in physical therapy from the Junior College of Physical Therapy, New Haven, Conn., where he taught and assisted in clinic during the school year. Dr. Schneemann also completed his work in physical therapy, chiropractic, and naturopathy with Dr. Fred'k W. Collins, famous New Jersey drugless physician. Moreover, he studied at the Nashville College of Naturopathic Medicine as well as at the Tennessee College of Medicine and Surgery. He passed the Connecticut State Board of Physical Therapy Examiners, the Tennessee Board of Naturopathic Examiners and the Nevada State Board of Chiropractic Examiners.

Since coming to California, Dr. Schneeman has been doing research work with us. He is also teaching post graduate courses at the College of Drugless Healing. His work has quickly been recognized and at the 1945 election of officers for the International Society of Naturopathic Physicians, he was elected secretary. He is now engaged in this capacity with us and has promised us every aid in research and teaching in Emerson University and its Research Council, as well as in the National Ass'n of Naturopathic Herbalists of America.

Dr. Schneemann has written articles on philosophy and on physical therapy. A few of his verses, serious and humorous, appeared in various journals and newspapers. His private library contains more than a thousand volumes on general subjects, as well as medical books. His travels in Europe, Canada, Mexico, the Carribean, and most of the states of this country have enabled him to write quite a few interesting anecdotes.

I have met but very few persons who have willingly devoted their spare time to educational and research work as has Dr. Schneemann. I fully appreciate his efforts and wish to express the gratitude in the name of the officers of Emerson University Research Council and myself.

Dr. Arthur Schramm

HISTORICAL BRIEFS ON SOME OF THE PIONEERS OF NATURE CURE

Dr. Benedict Lust

"Father of Naturopathy in the United States"

Every person interested in natural living should know Dr. Benedict Lust. His reticence will not permit him to give much information concerning himself. In "Who's Who in America" he is classified as a Physician and an Editor. And here is what we gathered from bits of information from many of his friends who know him intimately:

February 3, 1872 marks the date of this protagonist of Naturopathy. Dr. Lust's father was Johannes Lust, Louisa Rieger his mother. He was born at Michelbach near Gaggenau, Baden, Germany.

It is of great interest to know that Dr. Lust followed the course of many great Nauropaths, namely finding his way to health after much pain and suffering, by means of natural processes and treatment. It was the great Father Sebastian Kneipp who restored him soundness of mind and body. He was commissioned by the priest to bring the Kneipp Cure to America. Dr. Lust was not limited or narrow in his outlook; he studied all natural methods and visited many health institutions. He correlated all ideas and cures to form Naturopathy, to which he contributed his own ideas as well. He was not satisfied to limit the scope of his activity to private practice. He extended his discoveries to other practitioners and through them to everyone.

In addition to being the Father of Naturopathy in the United States Dr. Lust is also the Father of the schools of that science: "The American School of Naturopathy" and the "American School of Chiropractic." He is the originator of the Health Food Stores and the founder of the first national magazine for naturopaths: the "Naturopath and Herald of Health," and "Nature's Path". Other magazines in foreign tongues were published by him and soon his books came to be known all over the world.

Meanwhile, Dr. Lust was matriculated and graduated from many excellent schools. In 1898 he graduated from the Universal Osteopathic College of New York. He received his medical education at the New York Homeopathic Medical College in 1902 and the Eclectic Medical degree in 1913. Numerous other honors and degrees were bestowed upon him.

Dr. Lust came to this country in 1892, a youth of twenty and became a citizen in 1897. He started to practice Naturopathy and founded the American Naturopathic Association, whose president he still is. In 1921, at the 25th Jubilee the association honored him by making him its president for life. He has been and is still quite active in several clubs and societies of a non-professional nature, among them the Steuben Society, Democratic and Catholic Clubs and Athletic Clubs.

Dr. Lust's literary contributions include "The Crime of Vaccination," 1911; "Universal Naturopathic Encyclopaedia," 1918; "Zonotherapy," 1928; "Naturopathic Treatment," 1931; "Phytotherapy," "The Biological Blood Wash," "Herbs and Their Uses," "The Hot Water Cure," "Vitalism Series," etc. Not satisfied with all these activities, Dr. Lust organized and operated two health institutions and resorts, one at Butler, New Jersey, in the most beautiful part of the Ramapo Mountains with all the charms of forest and stream. Light-air cottages are provided for living outdoors during the summer months. Through the two parks, one for women, and one for men, flows a mountain stream where the guests could have their share of sun, light, and air health baths. Earth and clay packs are used and fasting, vegetable and fruit diets are advocated. A large, well equipped physical culture open air gymnasium is also featured. Almost identical conditions were featured at Yungborn,

Tangerine, Florida, an all-year round health resort on beautiful Lake Oia. Both ventures met with success at their very beginning. Numerous men and women attribute their health to visiting these popular spots regularly. Many a Naturopath perfected himself, post graduating under the genial guidance of the great "Father of Naturopathy of the United States." Dr. Lust is a member of the "National Association of Naturopathic Herbalists of America," and a Fellow of the Emerson University Research Council." He is a life member of the "International Society of Naturopathic Physicians." He holds several degrees from the institutions formerly headed by Dr. Carl Schultz, from the "Naturopathic Institute of California" and the "California University of Liberal Physicians," now "Emerson University."

Until a couple of years ago Dr. Lust emanated health and virility. Then a fire occurred at Tangerine in which he suffered severe injuries, following which he was incapacitated for some time. Even though he has not recovered his full vitality, he never relinquished his place as the foremost fighter for Naturopathy in America. Let us hope that he will be in our midst for many a year to come and to continue to be a shining example for the coming generation of genuine doctors of naturopathy.

HIPPOCRATES (460 B.C.—357 B.C.)

Most celebrated physician of antiquity; known as the "Father of Modern Medicine"; formulated the Hippocrate Oath and admonished: "Let Foods Be Your Medicine And Your Medicine Your Food".

PRIESSNITZ, VINCENZ (1799-1851)

Founder, first water cure system; discoveries resulted from keen observation of animals in their natural surroundings; applied same measures to own injuries with success, then to those of neighbors. At the age of 26, built and established first water cure at Graefenberg in Austrian Silesia; success was meteoric; work became so well known throughout world that a letter from an inquirer in United States reached him bearing the simple address, "Vincenz Priessnitz, Europe" and reposes in the Museum at Graefenberg.

RICKLI, ARNOLD (Born Feb. 13, 1823, died 1926)

Born at Veldes-Krainola, Austria, Founder of the light and air cures, which he called the Atmospheric Cure. In 1848 established first institution for light and air cure at Veldes-Krainola. He said, "Water is good, Air is better, but Light is the best of all".

HAZZARD, LINDA BURFIELD (1850-1939)

Outstanding exponent of therapy of fasting.

DEWEY, EDWARD BURFIELD, M.D.

Originator, "No Breakfast Plan" of treatment and living; successfully lectured here and abroad; lectures incorporated in a book, "New Science of Living".

MACFADDEN, BERNARR (born Aug. 14, 1868)

Originator of "PHYSICULTOPATHY", a complete system of treatment. He is the founder and editor of Physical Culture magazine, which first appeared in 1899.

LEE, ELMER, M.D.

An exponent of Nature Cure by practical experience; a tireless investigator; for many years editor of the Health Culture magazine. He is one of the two remaining physicians who championed the move to make Dr. Benedict Lust life president, when efforts were made to split the ranks at the Hotel Commodore in 1921. The vote was carried unanimously.

SCHROTH, JOHANN (Feb. 11, 1798-Mar. 26, 1856)

The theory of warm moisture; also the idea of dry diet and fasting cure which became the foundation of the Schroth Cure

DR. FREDERICK W. COLLINS

When one walks in on Dr. Frederick W. Collins at his office one would hardly suspect that he has so many talents and facets of knowledge. Even though something electric emanating from his person may tell you what to expect. One would judge him to be rather a man of fifty, while he is past seventy. The last two decades had very little effect on his appearance, but none on his energy nor on his vitality. Now, as ever, he continues to fight for the right of his profession, as well as for his own.

A great number of honors have been bestowed upon Dr. Collins. Although a licensed physician, an M.D., he is the country's outstanding protagonist for drugless methods and is rightfully termed "Consulting Naturopathic Physicians of America," as many orthodox doctors seek his advice in stubborn cases. He has letters from all over the world from members of our profession seeking consultation either in person or by mail. He, like Dr. Carl Schultz of California, has the happy faculty of abstracting all that is good in Naturopathy, Osteopathy and Chiropractic. He attended the founders' schools in these three fields, Lust's, Still's, and Palmer's, believing in the fountain heads as the true source of knowledge. From his knowledge thus obtained, he formulated courses of study in his combined schools.

Dr. Collins is the president of the FIRST NATIONAL UNIVERSITY OF NATUROPATHY and Allied Sciences. It embraces a combination of the New Jersey College of Osteopathy, the United States School of Naturopathy, the Mecca College of Chiropractic, and the U. S. School of Physiotherapy. Under the sponsorship of the United States Government more than four thousand World War No. 1 veterans graduated from this University.

Dr. Collins has been recognized as the leading authority on Iridiagnosis. Several thousand copies of his book on that subject have so far been sold. He is a graduate of the Philadelphia College of Physicians and Surgeons, the New Jersey College of Osteopathy, the Philadelphia College of Osteopathy, Palmer School of Chiropractic, the American School of Naturopathy, the MacFadden School of Physicultopathy and many other institutions of learning. He is a life member of the Philadelphia Osteopathic Hospital, president of the American Academy of Medicine and Surgery for the study of the destructive value of drugs, serums and vaccines. He is a member of the Allied Medical Association of America, Vice-President of the American Naturopathic Ass'n, President of the American Drugless Hospital Ass'n, of the American Naturopathic Ass'n of New Jersey, of the White Cross Society for First Aid to the Injured and of the American Academy of Chiropractic Research. He is secretary of the National Ass'n of Drugless Practitioners of the United States of America, a Fellow of Emerson University Research Council, an Honorary Member of the Lucrece Institute and Society of Sciences, an Alumni Member of the Lucrece College of Sciences. He also holds membership in the International Society of Naturopathic Physicians, National Ass'n of Naturopathic Herbalists of America, Australia, Great Britain and other countries. He holds active and honorary memberships in many other professional associations, too numerous to mention at this time. Dr. Collins is the publisher of "Mental Radionics" and of the famous "Universal Naturopathic Tonic Treatment." He is the author of "Iridiagnosis by Observation of the Eye" as well as "The Naturopathic Method of Reducing Dislocations" and many books on Psychic phenomena and natural healing methods, etc., etc.

Dr. Collins was the first physician in America to establish a Free clinic for Infantile Paralysis, and has conducted a free drugless clinic since 1910 treating children. He was twice a candidate for the Assembly of New Jersey on the Anti-Medical Trust Federation ticket, and was once a candidate for President of the United States of America. He holds the title of Doctor of Indian Philosophy and that of Indian Medicine. His most famous contribution to Naturopathy is his "Harmony Diet". More than 850,000

copies have been distributed, and another 50,000 are now ready to go on sale. It is based on educational items in such a manner that the patient can easily select his own food. Dr. Collins states his belief in vegetarianism with modification, in the April issue of 1943 of the *American Vegetarian*. He eats meat once a week and fish on Fridays. He is seventy-two years young and has bested medicos in forty-one court battles.

All too often Dr. Collins, because of his virility and fighting spirit has been called to defend (or battle for) his colleagues of the Drugless Profession. His famous fight for the Osteopaths of New Jersey is a case in point. In 1913 an osteopathic amendment was passed in that state granting graduates of recognized schools the right to be licensed, providing that they had practiced one year prior to the act. Graduates of the New Jersey College of Osteopathy were adjudged ineligible because some of the rival schools considered their training inadequate and too closely resembling chiropractic in theory and technique. After the loss of much time, money, and office practice, Dr. Collins succeeded in getting licenses for everybody but himself. This seemed almost persecution. At last he too, succeeded in winning his own case on his merits, witnesses attested to many valuable cures at his hands and the coveted license was granted.

KNEIPP, FATHER SEBASTIAN (May 1821-1894)

Born at Stephensreid near Ottobeuren. As a weak young man trying to help himself, came upon "Hahn's Water Doctor", one of the first treatises on the subject of Water Cure. Father Kneipp followed out the same progressive development at Preissnitz from treatment of self to friends and finally those he served as priest. Kneipp developed his system along his own lines, entirely independent of any other system. He wrote a number of books, which appeared in every language; established the Kneipp Cure at Woerisholen which still operates today. Doctor Lust studied under him in 1891. Kneipp and Priessnitz water cures are keystones of Naturopathy.

HAHN, M.D.

Mid-Eighteenth Century physician. Wrote a system of Water Cure known as "Enforced Water Cure". This laid foundation for reviving the therapy. It has never been shown that Hahn influenced Priessnitz, who followed his own observations

LINDLAHR, HENRY, M.D., N.D., (1853-1925)

Formulated a complete philosophy of natural methods known as "Philosophy of Naturopathy." Propounded such truth and principles as "The primary cause of germ activity is in the morbid soil in which bacteria feed, grow and multiply."

BECHAMP, PIERRE JACQUE ANTOINE, M.D., D.C.

Bechamp discovered process of fermentation. Discoverer of smallest forms of life, which he called *Microzyma* (minute ferment bodies). *Microzyma* theory of disease refutes the commonly accepted germ theory of disease. Microzymian theory proves the very foundation on which Naturopathy rests. It proves the unity of disease as expounded by Louis Kuhne; and his unity of basic treatment as propounded by Adolph Just.

PARACELUS (1493-1541)

Famed Swiss physician and naturalist. First to advance theory that life's processes are chemical. His motto was "Natura Artis Magistra" (Nature is the Teacher of Science).

HAHNEMANN, SAMUEL CHRISTOPHER, M.D. (1755-1843)

Propounded startling doctrine of "Similia similibus curantur" in Germany in 1780; greatest contributor to our therapy; his book: "Cure of All Diseases." His book, "Friend of Health" was one of the first efforts in preventative medicine, more truly natural living.

ABRAM, ALBERT, M.D. (Born 1864)

Born in San Francisco, California. Pioneer investigator of electronic therapy

KUHNE, LOUIS (Died 1907)

Practiced in Leipsig, Germany. A born natural physician. Found way into work through own ailments. In 1864 attended congress of natural healers for help. There met healer Meltzer. Four years later he came into contact with Theodore Hahn of Waid. Formulated theory of Unity of Disease. Kuhne claimed: "Disease is the presence of foreign matter in the body." His book, "Neo-Naturopathy" is truly the Naturopathic pathology of disease. He declared, "Cleanliness only heals."

JUST, ADOLPH (Died 1939)

Author of "Return to Nature." Reduced Nature Cure to its utter simplicity. He evolved the idea of moist heat. Among truths he expounded are: "Nature does not err." "All nature doctors must regard it as their ideal aim to develop the people to the point where each will be his own physician." Just was first to advance theory that "Acute diseases are most favorable healing crisis and should be greeted with joy."

STILL, ANDREW (Born August, 1828)

Born in Lee County, Virginia, Founder of Osteopathy. He declared: "The backbone is the bone of all bones in the control of disease."

CHRISTIAN, EUGENE, D. F. S.

America's first Food Scientist and paved the way for men like Hay, Jackson, etc. Founder of the Corrective Eating Society of America, Inc.

D. D. PALMER

Magnetopath and Masseur of Mid-nineteenth Century. Originator of Chiropractic, founder of the greatest Chiropractic College, Davenport, Iowa. Announced Chiropractic in 1895.

BULKLEY, DUNCAN L., M. D.

The first man of the medical profession in America to recognize the value of diet in the handling of cancer patients. Organized and founded N. Y. Skin and Cancer Hospital. Treated many patients successfully. Rejected by the A.M.A. and finally driven from the Society and from the hospital.

LANE, SIR WILLIAM ARBUTHNOT, BART., C.B., M.S., F.R.C.S., etc.

Physician to the former king of England. Consulting Surgeon at Guy's Hospital, London. Broke away from the British Medical Association in 1925 when it frowned at his ideas for educating the public in health. Organized the New Health Society same year and took 1500 doctors with him. Propounded theory of avitaminosis as a cause of cancer; wrote a number of books, his last, "New Health to Every Man."

BILZ, F. E. (1843-1903)

Popularized Water Cure and coordinated systems. Author of Bilz Books, a standard encyclopedia of Nature Cure.

HILDEN, JOHN, M.D. (1852-1942)

Propounded theory of auto-intoxication or toxemia. Author of many books, the most widely read, "Toxemia" and "The Pocket Dietitian."

FREENE, CORDELIA, M.D. (1831-1905)

One of the first women physicians in the United States; propounder of the simple, natural life, sensible habits of dress, child rearing. She believed the only indestructible force in our Universe is Mind; and emphasized the great power of Air.

ORASS, EDWARD, M. D.

Late nineteenth and early twentieth century propounder of the doctrine of Autology, a simple system of living.

NNINGS, ISAAC, M.D.

Mid-nineteenth century physician. Rejected medicine and propounded doctrine of non-treatment of disease, allowing nature to do all work. Eminently successful.

ADLER, ALFRED, M.D. (1881-1937)

Contemporary of Sigmund Freud; originator of Individual Psychology based on natural law. Individual Psychology is so far in advance of anything else that has been taught, that it has suffered from lack of general use. Adler believed that Individual Psychology could be as well taught by non-medical men as by physicians; in fact, he preferred the former.

LAHMAN, HENRY, M. D.

Ostracized from Medical College in Germany, finished College in Switzerland. Wrote first real articles on Nature Cure, Natural Hygiene, 1891. Originated vegetable extracts, and soy bean and almond milk.

WINTERNITZ, WILHELM, M. D.

Viennese physician, called Father of Modern Hydrotherapy.

R. T. TRALL, M. D.

In 'sixties, was granted charter in New York to run Hydropathic College, and granted M. D. degrees. Wrote Hydropathic Encyclopedia.

CHEE, DR. BEDA MAXIMILIANUS

President of the Brayurvedic Naturopathic Ass'n. of Malaya is a native of Magelang, Java, D.E.I. He is well known throughout the world for his unceasing activities to bring Naturopathy to the fore in his country. In addition to his native tongue he speaks Dutch, English, German, French, Chinese and Latin. He is a 33rd degree Mason, Master of the lodge "Academia Masonica" in Tasigmalaya and a member of the Rosecurcian Order. He also has a membership in the International Society of Naturopathic Physicians, the Emerson University Research Council, the National Ass'n. of Naturopathic Herbalists of America, of Australia and of Great Britain. Moreover, his name is on the membership list of the American Naturopathic Ass'n. and in those of other countries. He graduated from several American and foreign colleges of Naturopathy, Osteopathy and Botanic Medicine.



DR. BARNABAS SA-HIUHUSHU (Red Fox)
Chief Executive, The Indian Ass'n of
America

DR. W. H. ALLEN, PRESIDENT OF THE ACADEMY OF NATUROPATHIC SCIENCE AND RESEARCH

Dr. W. H. Allen first came into national prominence when elected president of the Academy of Naturopathic Science and Research. The career which prefaced his presidency was marked by such accomplishments as research in glandular products, the invention of many improvements and devices in electronics, to say nothing of being a lecturer and author of some note. He holds the degrees of Bachelor of Science, Doctor of Chiropractic, and Doctor of Naturopathy and is licensed in both in several states.

During the past few years, Dr. Allen has devoted a large portion of his time to research in electro-cellular activity. The Allen Theory of Electro-cellular Stasis was first mentioned to the profession in articles in naturopathic magazines and at a lecture at the Albuquerque General College of Healing Arts several years ago.

During the intervening years, he further enlarged on his theory and brought it within the realm of facts by a lecture and demonstration given with the latest laboratory equipment before a group of prominent doctors and students at The Southern California College of Chiropractic in 1943.

Not being satisfied with proving his theory and being hounded by that persistent question, Why?, he continued his research until he is now ready to offer to the profession his findings with a solution to the problem of how to overcome the physical abnormalities that develop when due to electro-cellular stasis, or unbalanced physiology, as explained by the Allen Theory of Electro-cellular Stasis. Unless war conditions interfere, this discovery will be disclosed to the profession during the June Refresher Course at the Nashville College of Naturopathic Medicine.

Along with the research made in electronics, Dr. Allen has delved deeply into the art of Bloodless Surgery. In collaboration with other members of the Research Department of the Academy of Naturopathic Science and Research, he has perfected Conservative Bloodless Surgery.

This method differs from the technique of most other men in this field such as Dr. James F. McGinnis, under whom he originally studied, in that it takes into consideration other factors beside the detachment of an adhesion by the use of the fingers. He is a member of the Drugless and Bloodless Manipulative Surgeons of America.

Dr. Allen's first article on the human body, disease, and health, which was later to become his profession, was entitled "Care of the Eyes", published in Physical Culture magazine when he was but 14 years of age. This has been followed by numerous articles in both the healing arts and electronic field, which culminated with his publishing the book "Life, Health and Horse Sense", second edition of which is now being compiled. He has in the process of preparation, a text book on electro-therapy, entirely different from the usual efforts along this line. Doctors who have been personally acquainted with him and his work are looking forward with eagerness to the publishing of this book, which, like many other things, may have to be delayed for the duration.

In addition to purely technical articles, Dr. Allen has written quite extensively on Indian lore and is well qualified to do so having lived among the Indians of the South West for a number of years and is known to them as Dr. Bill. Watching the Indian medicine man at work and comparing the results with those obtained by the most accomplished of recently graduated physicians has enabled him to compile a list of very effective measures to add to our armamentum.

This association with the Indians inevitably leads to the hobby of accumulating Indian relics and products, of which he has a sizeable collection. Some of his personal experiences, while on swapping trips in the wildest sections of the Southwest, read like western thrillers.

Dr. Allen's experience in the electronics field has come as a natural sequence to his hobby, amateur radio. He is one of the oldest licensed radio operators in the United States and is a member of the unbroken continuity 25 years year license club of the American Radio Relay League. He has communicated with all foreign countries and all the states in the United States.

In addition to his amateur radio activities, he is a licensed commercial operator and has used his ability in this line to work his way through college, not having been born with a silver spoon in his mouth.

In 1944, when the Academy decided to expand, he was the logical choice to lead the drive. As evidence that this choice was correct, the Academy is now the largest Naturopathic organization in the United States, having accepted into membership more doctors in a shorter period of time than any other previous effort made in behalf of our profession.

In addition to his tireless, dynamic, driving ability, he has the happy faculty of choosing the right man for the right place at the right time. This contributes no small amount to the unusual success the Academy is now enjoying.

Dr. Allen's experience in the Naturopathic field covers two periods of private practice, plus the management of a naturopathic clinic and hospital. The fact that he is a good sound Naturopath, is attested to by the favorable reports coming from Columbia, Tennessee, where he is engaged in general practice.



DR. CLARENCE WILLIAM TYNDALL
President, Emerson University

THE HISTORY OF NATUROPATHY IN THE U. S. A.

By Henry Krause, N.D., D.Sc., D.D., LL. D.

The history of Naturopathy in Europe goes back at least to the year 400 B. C. Earliest records have not been preserved. The Greek Hippocrates, known as "the father of medicine", was a Naturopathic Physician. In one of his books he says: "Nature is the healer of all diseases. The symptoms of disease are partly symptoms of defense, partly symptoms of failure." Another great Naturopath of antiquity was the German Paracelsus (von Hohenheim, 1493-1541). He treated the predominance of the whole over the individual parts. "Healing is only made possible through the intelligent co-operation of all inward defense forces."

In America, the native Indians have been practicing certain branches of Naturopathy since time immemorial, ages before the advent of Natural Therapy in Europe. It is said that the ancient Mayas and Incas had developed the science and practice of healing by Natural methods to the highest degree at a time when Europe was still inhabited by cave dwellers. The earliest physicians were the priests. It is well known that the first white settlers of America found the native Indians practicing herbalism and other methods of natural healing. The Indian, a close observer and worshipper of nature since the days of the Mayas, was expert in herbalism and, up to this day, still is. It was from the Indians that the white settlers in pioneer days learned the curative value of certain herbs and other methods of healing.

Certainly the curative value of hot and cold water, steam and sunbaths, massage, herbs, diet, etc. was known to the ancient Greeks and Romans as well as to the ancient Indians in North and South America, except for the placating of the Gods, they were then the only curative means known to the world.

Modern nature cure movement seems to have started about 100 years ago, when Vincent Priessnitz founded a healing establishment on his father's homestead in Grafenberg, Silesia, in the year 1829. He was a man of acute observation. Although Priessnitz relied almost entirely upon the extraordinary remedial qualities of cold water, which is only one of the many therapeutic agents employed by the Naturopathic Physician of today, his success was nevertheless phenomenal. Like many other pioneers, he had to suffer considerable opposition, this proved to be one of his best advertisements. Priessnitz had rediscovered the "Law of Crises." He is remembered as "the father of Hydro-Therapy."

Through the centuries the adherents to the principles of Naturopathy gained steadily in numbers and influence. Let us mention just a few of the recent leaders: Arnold Rükl of Switzerland demonstrated already in 1885 the value of sun-light-air baths; Ragnar Berg made extensive contributions in vegetarian diet and Dr. Finsen in carbon ultra-violet treatment; Emile Coue in psycho-therapy. We also must honor such early naturopathic practitioners as Sebastian Kneipp, Kuhn, Bilz and Dr. Arthur Brenable of former days of Germany.

In America out of the long list of distinguished contributors to Naturopathy we must mention, above all: Drs. Lust, Lahn and Lindlahr as the pioneers of Naturopathy in this country. Others are: Dr. H. Kellogg, founder of the Battle Creek Sanitarium; B. McFadden of physical culture fame; A. T. Still, founder of osteopathy; D. D. Palmer, founder of Chiropractic, and the writer's old-time friend Dr. C. H. Bennett, founder of the first college in this country, giving a complete course in all branches of electro-therapy and helio-therapy, making electro-therapy a recognized branch of the healing art. Satisfying as this may be to its pioneers it is not sufficient to do justice

to a so valuable drugless therapy.

The science of Naturopathy was brought to this country from Europe by Dr. Benedict Lust prior to 1900. He is credited with being the first publisher of a naturopathic (monthly) magazine in America, the first one printed in two languages (1903). The writer remembers only too well his first contribution to Dr. Lust's "Naturopath", about 1905, entitled "Deficiency of calcium phosphate in baby teeth". Dr. Lust is the founder of the first Naturopathic College in this country teaching all branches of Natural Therapeutics; he is the founder of the American Naturopathic Association, publisher of numerous books and pamphlets on Nature Cure; the first one who imported Naturopathic Herbs and books from Europe; the first owner of a Health Food store in this country, operated according to the principles of Naturopathy; and he is the first who opened a Naturopathic Sanitarium in New Jersey, and later in Florida. He is indeed "the Father of Naturopathy in the U. S. A."

Another of the pioneers who had studied and taught Naturopathy in Europe and brought his knowledge and experience to this country, was Dr. Henry Lahn, a graduate of the old National Medical University of Chicago and a post-graduate of the College of Physicians and Surgeons. About 1905 he became the founder of the "Cosmos Institute and Sanitarium" and "the Cosmos Publishing Co." on N. Clark Street, opposite the Lincoln Park, in Chicago. Dr. Lahn is the Author of the first book ever written and published in America dealing with all the details of Tridology, with an appendix of Kneipp's Water Cure and Vegetarian-fruit diet, which came off the press in two languages about 1906, printed by the Columbia Printing Co., then located on N. Halsted street, Chicago. He was an outstanding authority on European Naturopathic Literature, a great teacher and thinker. It was in those early days that the writer was Dr. Lahn's student, assistant and confident, and spent many never-to-be-forgotten hours in his hospitable company. Ridicule, slander, and defamation soon followed the publication of his book. One day he received a (fraud?) order issued by the U. S. Post Office Department to show cause why his book, duly copyrighted, should not be banned from the use of the U. S. mails! Undisturbed, in his kind and smiling way, he explained to the "authorities" that Iridology, vegetarian diet and water cure like all other non-allopathic methods in his native Austria were considered to be a science, and no fraud. A collection of books published on these subjects more than a generation ago in several European countries, including Sweden, Austria, Germany, Hungary and Switzerland, was his prima-facie evidence. He also proved that the charts, drawings and pictures in his books were actually the records of health, ill health, accidents and results of allopathic treatment as shown in the iris of the eye of some of his patients, their cases he had diagnosed by Iridiagnosis and cured by naturopathic methods. His two allopathic-medical diplomas and his medical license granted by the State of Illinois did the rest in proving he was no "quack." Those were the days!

In course of time Dr. Lahn became almost blind, a pitiful case of ophthalmic goitre; he died in a hospital in Chicago, at the prime of his life, remembered by only a few.

The third of the pioneers was Dr. Henry Lindlahr, also a graduate of the old National Medical University, on N. Wells street, Chicago, black-listed by the A. M. A., and well known to the writer. He took up research work in co-operation with Dr. Lahn back in 1904. After Dr. Lahn's untimely death, Dr. Lindlahr became the outstanding authority in Iridiagnosis in this country, the founder of the first Naturopathic College (on Ashland Blvd.) in Chicago, recognized by the State of Illinois; publisher of numerous books and booklets; a great teacher and lecturer; he became the owner of the largest private Naturopathic Sanitarium (Hindsdale) in Chicagoland and one of the founders of the International Iridology Research Society. Dr.

Lindlahr died at the height of his professional career, it was said, from the effects of an anaesthetic administered at the hospital in Chicago during a minor foot operation.

From the countless students who came to study the teachings of those three pioneers, arose such men as Dr. F. W. Collins, the fearless fighter for the cause of Naturopathy in New Jersey and founder of the First National University of Naturopathy and Allied Sciences. Almost a quarter of a century has passed since the day the writer received his diploma from one of Dr. Collins' Institutions. We are still corresponding.

Those three Doctors Lust, Lahn and Lindlahr are, no doubt, the pioneers and first advocates of Naturopathy in U. S. A. They brought Naturopathy to this country and through their life-long studies, research, energy and good will laid the foundation of the science, philosophy and practice of Naturopathy in this country. Their students, co-workers and friends made Naturopathy what it is today; a recognized school of healing arts all over the world.



DR. CURTIS HOLLINGER
President, California University of
Liberal Physicians, 1934-36

INTERNATIONAL SOCIETY OF NATUROPATHIC PHYSICIANS
2270 Colorado Boulevard, Los Angeles 41, California

During the year 1937 a group of Naturopathic Physicians formed a class in botanic medicine. This was at the Los Angeles College of Chiropractic and Naturopathy. After finishing their course, the members thought it advisable to form a permanent organization in which others of the profession, interested in botanic medicine, could associate and combine in their research work.

We entered into correspondence with Dr. Harry Orbell, the secretary of the National Association of Medical Herbalists of Great Britain, with offices at 17 North St., Barking, Essex. The doctor assisted in every respect. Moreover, he sent all forms and books used by his organization for our guidance. On January 19, 1938, the following doctors decided to form an organization along similar lines as the British one, with the difference that since our work was not a part of "Medicine" as formally understood, the title selected for our organization was "National Association of Naturopathic Herbalists of America" rather than Medical Herbalists. From among the first members, Dr. Arthur Schramm was elected president; Dr. John W. Schmitz, vice president; Dr. Peter N. Spelio, secretary; and Dr. Harold E. Foster, treasurer. Dr. Hugh R. Aitchison, Dr. W. J. M. Maxwell, and Dr. Lyle D. Holland were co-founders. The constitutions and by-laws provided for the admission of a limited number of non-local members, deemed worthy exponents of our research work.

From the most sanguine hopes of possibly a compact body of close to a hundred eventual members, our group was expanded internationally to more than eight hundred. As the members of the "National Association of Naturopathic Herbalists of America" expanded into international fields, it became necessary to admit affiliated groups in the various countries. With the increase in numbers the interests and the scope of their study expanded into all branches of the healing arts. It became increasingly evident that something new and different must take place. New names were suggested, but founder-members were reluctant to lose their identity as herbalists, therefore the old name was retained. Then the members voted to be adopted by the "International Society of Naturopathic Physicians" and their very membership as of one group ipso facto makes them members of the other. Membership cards and active study privileges are accorded those who volunteer to donate two dollars or more for clerical and printing expenses. Five dollars more should accompany all applications for membership.

It is interesting to note that each member has a complete historical folder of himself in the files of the Society's archives. The educational institutions and background as well as professional activity is noted together with the name, address and photo of each one.

Members are urged to correspond with co-members in foreign countries. Considerable valuable information can thus be obtained.

Publications such as the "Naturopath" contain many contributions of our members and reports of our meetings. "Health from Herbs" published by the "National Association of Medical Herbalists of Great Britain" and "The Herbal Practitioner" by the same organization, are interesting magazines. Many of our members in the British Isles find their printed voice in these pages released from their Barking, Essex, England address of 17 North Street.

Members are urged to send in scientific papers to be read at our research meetings held in conjunction with Emerson University Research Council and other affiliates. Material should be presented in such a way that modes of treatment can be followed and imitated exactly for each step

of the treatment. We shall try to formulate case histories with data as to diagnosis, prognosis, and treatment of disease as found in average cases presented by our members. The more individual cases are sent in as examples, with definite figures of time of treatment and stage of disease noted, the better will be our work for naturopathy and posterity. The time is NOW to translate that membership paper on your wall to an active participation in a work that will benefit all mankind. Where we lack the clinical experience of large hospitals, our individual cases can add up to a grand total of better statistical data on Naturopathic medical procedures far beyond those existing in any system to this day.

It is your duty. Do your part for this great work.

The officers of the National Association of Naturopathic Herbalists of America for 1945 are:

President	Dr. James M. Alexander
Vice President	Dr. George G. Chromiak
Secretary	Dr. K. Julia Murphy
Treasurer	Dr. Harold E. Foster

The "International Society of Naturopathic Physicians" lists the following officers for 1945:

President	Dr. Arthur Schramm
1. Vice President	Dr. Harry Orbell
2. Vice President	Dr. Richard F. Herzog
Secretary	Dr. Peter J. Schneemann
Treasurer	Dr. Harold E. Foster

The executive council will consist of these officers of the International body and of five additional members of the Los Angeles area who can meet as an advisory board. One member from each affiliated association shall also be on the Board.

Concluding we would like to recall the many profitable hours spent together by our study and research groups. Frequent visits have been made to hospitals, schools and laboratories, where even members of the orthodoxy have been our hosts. Our field trips remain most clearly in our memory. The great outdoors was our classroom, Mother Nature our teacher. The flora and fauna of the mountains were our blackboard. Here we gathered and learned or reviewed our knowledge of fresh herbs. Especially remembered is the annual visit to Santa Ana Canyon, the home of Dr. D. Lewis Allen. Last July he welcomed here ninety two members and guests.

CONSTITUTION AND BY-LAWS OF THE INTERNATIONAL SOCIETY OF NATUROPATHIC PHYSICIANS

Article I

The name of this association shall be International Society of Naturopathic Physicians, located in the city of Los Angeles and County of Los Angeles, State of California.

Article II

The purposes of this association shall be:

- (1) To study and educate its Fellows and Members in the scientific application of Naturopathic Medicine to the healing of the human body.
- (2) To create a fraternal attitude between its Fellows and Members, promote the spirit of cooperation and render advisory assistance to each other in drugless methods of healing.
- (3) To do any and all things that will advance and perpetuate the science of Naturopathy, cooperating in this purpose with all Naturopathic Physicians Associations.

- (4) To promote ethical and honorable practice of drugless healing and assist in educating the public to the advantages of same.

Article III

Membership shall be divided into three classes as follows:

- (1) Fellowship shall be limited to charter members of this association who are persons having Doctor of Naturopathy degrees from legally chartered schools or colleges and only those thereafter who have been active members for a period of one year or more and who, after having made some outstanding contribution to the association, are recommended and receive the unanimous vote of the Fellows for this honor.
- (2) Active membership shall be limited to persons holding Doctor of Naturopathy (N.D.) degrees from legally chartered schools or colleges.
- (3) Honorary Membership shall be limited to persons of outstanding positions or achievement in the field of Naturopathy and is bestowed only after consideration of a recommendation for same and a favorable unanimous vote of the Fellows and Members present at any regular meeting of the Society.
- (4) Only members qualifying under section 1 and 2 of this article shall have a vote or hold office in this association.

Article III

Application for membership shall be made on the standard forms furnished by the Society and must be accompanied by \$7.00 application fee. A majority vote of the Fellows and Members present at any regular meeting of the Society shall constitute a decision on the applicant; if rejected the fee will be returned.

Article IV

Officers and their duties

There shall be a President, Two Vice Presidents, Secretary, and Treasurer who shall be elected annually from the fellowship or active membership of the association by a majority vote of the Fellows and Members. These Officers shall conduct the business of this association in the manner usual to the various office.

Article V

Meetings

(1) Regular meetings shall be held the first and third Thursdays of each month. Special meetings or a change of meeting days may be made by a majority vote at any regular meeting and a notice to that effect shall be sent to the members by the secretary of the society.

(2) Voting on any business pertaining to the Society may be done only at a regular meeting, notice of which has been sent to the Fellows and Members.

(3) Fellows and Active Members may vote in person or by written proxy.

(4) A member may be voted out of the Society for failure to pay dues, for violating his application agreement, or unbecoming conduct after he has been given an opportunity to be heard by a committee appointed for this purpose by the president.

(5) The amount of dues may be changed as advisable by a vote at any regular meeting.

(6) Any member not paying dues and having had no contact with the association for a period of six months shall automatically be dropped from membership.

(7) Absence of members when dues are collected causes member to be in arrears and back dues must be made up.

(8) A record of dues collected must be kept by the secretary.

(9) Society moneys may be spent only for current operating expenses by approval of the officers. A record must be kept of said expenditures. Any other expenditures must be voted on by Fellows and Members.

EMERSON UNIVERSITY

A charter was granted by the Secretary of State of California on May 18, 1914, to Dr. Carl Schultz, "Father of Naturopathy in California" for the "California University of Liberal Physicians". The university has graduated many prominent naturopaths and has always held a high standard of educational requirements for graduation. During the year 1934, shortly before the death of Dr. Carl Schultz, the charter was sold to Dr. Curtis Hollinger who was also president of the Chiropractic College of America (now California College of Natural Healing Arts) at Los Angeles. Dr. Hollinger conducted classes in the same building with the Chiropractic College of America, along broad naturopathic lines. Internship was offered to students at the Alta Vista Hospital, an institution with 96 beds conducted by Dr. Edw. E. Shook at 3860 Eagle Street, Los Angeles 33, California. Dr. Arthur Schramm, who was also associated with Dr. Carl Schultz at the Naturopathic Institute and Sanitarium of California, was an active co-worker of Dr. Hollinger in the furtherance of naturopathic research and education, and it was he who revived the activities of the Physicians' Research Council of the University after it had been inactive for several years. In June 1936 the charter was taken over by Dr. Clarence William Tyndall, M.D., N.D., who changed the name of the institution to "Emerson University" and broadened the scope of its activities to other fields of arts and sciences. However, under the able assistance of Dr. Schramm a naturopathic department was maintained at the Emerson University and a standard course of 4500 (fifty minute) hours in a four year course was being taught up to January 1944, when Dr. Tyndall was called away on War Department duties. The University is recognized by the State Boards of Naturopathic Examiners of Arizona, Utah, South Carolina, Tennessee and of other states.

The Research Council of Emerson University has become very active during the last ten years and has established contact with similar research organizations. The business of the Council is now conducted from 2270 Colorado Boulevard, Los Angeles 41, California. The purpose of the Research Council of Emerson University was at the beginning, to gather vital information of various sorts that is of interest to all persons interested in Natural Methods of Healing. Physicians submitted any item such as peculiar or unusual cases of diseases, anomalies and abnormalities encountered, changes in state laws, proposed changes etc. In consequence a large reference library of tabulated data was set up. Members lent books from their personal library or let their personal library be indexed with as many of their books as they were willing to place on call of the Council's Library. As a result many books were made available that otherwise would never be at the disposal of the members. Frequently members would not lend books but would permit their books to be listed as available for reference at their office, in consequence enabling a stenographer to copy the data for a small fee for a physician in far off places like Australia. These services are still maintained. Dr. Clarence E. Romer is responsible for the success of this library.

Friends of the University will be glad to know what powers are granted under its charter. They are clearly stated in our records and substantiated by the following copy of the Articles of Incorporation:

ARTICLES OF INCORPORATION
of the
CALIFORNIA UNIVERSITY OF LIBERAL PHYSICIANS

KNOW ALL MEN BY THESE PRESENTS:

That we, the undersigned, a majority of whom are citizens and residents of the State of California, have this day voluntarily associated ourselves together for the purpose of forming a corporation under the laws of the State of California; and we hereby certify

FIRST: That the name of the corporation shall be the CALIFORNIA UNIVERSITY OF LIBERAL PHYSICIANS.

SECOND: That the purposes for which it is formed are the following:

To establish and conduct a college of learning, for the purpose of teaching the art of healing and other sciences.

To prescribe courses of study, and to issue certificates conferring degrees of proficiency and literary honors.

To affiliate with other institutions of learning.

To establish and conduct a training school for nurses and masseurs, and in connection therewith to issue certificates conferring degrees of proficiency.

To establish and conduct clinics.

To do anything and everything necessary to properly conduct a college of learning according to the provisions of Sections 649, 650 and 651 of the Civil Code of the State of California.

To receive and hold, by purchase, gift, devise, bequest or grant, real or personal property for educational purposes, connected with the corporation, or for the benefit of the institution.

To buy and sell medicines, herbs, remedies, books, instruments and other articles necessary, valuable or helpful to students, the sick and others.

THIRD: The place where the college is to be conducted is in the City of Los Angeles, County of Los Angeles, State of California.

FOURTH: That the number of trustees of said corporation shall be eleven (11), and they shall hold the office of trustee for the terms set opposite their respective names. That upon the expiration of the said full term of each of said trustee, the term of his successor as trustee shall be five (5) years.

That the following are the names and residences of the trustees appointed to serve for the term set opposite their respective names, and to serve as such trustee until their successors are duly elected and qualified:

Carl Schultz	Five (5) years	Los Angeles, California
Herbert E. Bartlett	Five (5) years	Glendale, California
August Greth	Four (4) years	Los Angeles, California
Frank L. Willson	Four (4) years	Los Angeles, California
Henry Gross	Three (3) years	Los Angeles, California
Elmer A. Clarke	Three (3) years	Los Angeles, California
Harrison Albright	Two (2) years	Los Angeles, California
John J. Abramson	Two (2) years	Los Angeles, California
E. F. Hahn	One (1) year	Los Angeles, California
Geo. H. S. Dryden	One (1) year	San Francisco, California
Ellen Schultz	One (1) year	Los Angeles, California

FIFTH: That this Corporation is not organized for profit, and it has no capital stock.

IN WITNESS WHEREOF, we have hereunto set our hands this 23rd day of April, 1914.

Carl Schultz	Harrison Albright
Herbert E. Bartlett	John J. Abramson
August Greth	E. F. Hahn
Frank L. Willson	Geo. H. S. Dryden
Henry Gross	Ellen Schultz
Elmer A. Clarke	

STATE OF CALIFORNIA }
COUNTY OF LOS ANGELES } SS.

On this 30th day of April, 1914, before me Benj. W. Hahn, a Notary Public in and for said county, residing therein, duly commissioned and sworn, personally appeared Carl Schultz, Herbert E. Bartlett, August Greth, Frank L. Willson, Henry Gross, Elmer A. Clarke, Harrison Albright, John J. Abramson, E. F. Hahn, Geo. H. S. Dryden and Ellen Schultz, known to me to be the persons whose names are subscribed to the within instrument and acknowledged to me that they executed the same.

WITNESS my hand and seal.

Benj. W. Hahn
Notary Public in and for said
County of Los Angeles,
State of California

STATE OF CALIFORNIA }
COUNTY OF LOS ANGELES } SS.

No. 17272

I, H. J. Lelande, County Clerk and ex-officio Clerk of the Superior Court, do hereby certify the foregoing to be a full, true and correct copy of the original Articles of Incorporation of California University of Liberal Physicians on file in my office, and that I have carefully compared the same with the original.

IN WITNESS WHEREOF, I have hereunto set my hand and affixed the seal of the Superior Court this 15th day of May 1914.

SEAL

H. J. LELANDE, County Clerk
By W. C. Watson, Deputy Clerk

FILED

In the Office of the Secretary of State
OF THE STATE OF CALIFORNIA
May 13, 1914
Frank C. Jordan, Secretary of State
By Frank H. Casey, Deputy
No Capital Stock, Exempt.
Inc. under Sec. 649, c.c.
No term required to be stated
Recorded in Book 306 at page 484
Carl Schultz
508 Chamber of Commerce Building
Los Angeles, California
Department of State
Corporation Number 76965

CERTIFICATE OF AMENDMENT
ARTICLES OF INCORPORATION OF
CALIFORNIA UNIVERSITY OF LIBERAL PHYSICIANS, A CORPORATION
Name changed to EMERSON UNIVERSITY

C. W. Tyndall and H. E. Ewing hereby certify:

1. That they are the President and Secretary, respectively of the California University of Liberal Physicians, a California Corporation.

2. That the Corporation has a Board of Trustees, the members of which act in the capacity of directors. That at a special meeting of the Board of Trustees, held at 9:00 o'clock P.M. on the 29th day of July, 1936, at 1709 West Eighth Street, Los Angeles, California, at which meeting all the trustees were present, the following resolution was adopted by the vote of all the trustees.

"RESOLVED that paragraph First of the Articles of Incorporation of the California University of Liberal Physicians be amended to read as follows: 'That the name of the Corporation shall be Emerson University':

4. That eleven members voted in favor of the foregoing resolution. That the total number of members entitled to vote on amendments of the character herein involved is eleven, each of whom is entitled to one vote and no more.

C. W. TYNDALL
President of the California
University of Liberal Physicians
H. E. EWING
Secretary of California University
of Liberal Physicians

(SEAL)

STATE OF CALIFORNIA }
 } SS.
COUNTY OF LOS ANGELES }

C. W. Tyndall and H. E. Ewing, being first duly sworn, each for himself and not for the other, deposes and says:

That C. W. Tyndall is the President of the California University of Liberal Physicians, a California corporation, and H. E. Ewing is the Secretary of said corporation; that he has read the foregoing certificate and knows the contents thereof, and that the same is true of his own knowledge.

C. W. Tyndall
H. E. Ewing
Hortense Campbell
Notary Public in and for the
County and State aforesaid
My Commission Expires October 17, 1938.

(SEAL)

In the Office of the Secretary of State
OF THE STATE OF CALIFORNIA
Nov. 4, 1936
Frank C. Jordan
Secretary of State
By (signature), Deputy
Corporation Number 76965

In contrast with the lack of cooperative spirit of the widow of Dr. Carl Schultz refusing us to have access to the files of the early years of the University, Dr. Carl's former wife, Dr. Ellen Schultz was an ideal, we all admire and cherish. She brought a wealth of British dignity from her beloved home England, that inspired us. Her nobility of character and intellect shone like a beacon and accompanied her husband into the deep channels of education. Together they imparted their ideals and aims to other leaders ministering to their fellowmen in the healing arts. Owing to the uncooperative spirit of the widow of Dr. Carl Schultz, who refused to release earlier files of Emerson University, the records of that institution, files of former members of the school, faculty and students, are incomplete. Confusion is further added because many students who attended classes with the university group were not necessarily enrolled as members of that school. Dr. Schultz owned two charters, that of Emerson University, then called "California University of Liberal Physicians" and the other one of the "Naturopathic Institute of California". Instructors in one school were ex-officio members of the teaching faculty of the other. Without access to the records it cannot be determined what students were enrolled in the one institution or the other. Therefore, the list submitted for publication is as accurate as incomplete records warrant, and corrections or additions will be more than welcome. If you are an alumnus or if you know of an alumnus whose name is not listed, please send us this information.

The following doctors are on the list of the University's alumni:

Abramson, John J.	Draser, Andrew	Neu-Schultz, Duane
Abt, William L.	Dryden, Geo. H. S.	Paxton, Howard R.
Ahlers, Karl L.	Embree, J. S.	Richardson, O. M.
Albright, Harrison	Evans, Wm. Y.	Robinson, Robert B.
Baker, Wiley E.	Floden, George	Romer, Clarence E.
Bartlett, Geo. N.	Fransson, H. R. C.	Rookledge, Ed.
Bartlett, Herbert E.	Goettler, Margaret	Saunders, Keith
Billings, Wm. J. M.	Greth, August	Schmidt, Emil
Birdie, F. C.	Gross, Henry	Schmitt, Norman
Borland, A. O.	Hahn, E. F.	Schramm, Arthur
Borland, J. H.	Hall, Wm. F.	Schramm, Ellen
Borland, Roy A.	Herzog, Richard F.	Schultz, Carl
Bowen, Arthur M.	Hollinger, Curtis	Schultz, Ellen
Brunings, Bilton	Hollinger, Julia C.	Spearing, Herman A.
Bray, W. C.	Jeriam, Christy	Spelio, Peter N.
Bussell, D. F.	Jones, Waldo H.	Steves, Sidney E.
Cale, Charles A.	Juin, Dr. Molli	Stokes, Fredrick D.
Carroll, Daniel W.	Knowles, Dr. D.	Summers, Roy H.
Chromiak, Geo. G.	Latta, Lavere H.	Taylor, Frank W.
Chromiak, Olga A.	Lewis, Roy T.	Terry, Jack V.
Chroniak, Raymond A.	Lunde, Charles	Tyndall, C. W.
Clarke, Elmer A.	Lust, Benedict	Tyner, Vesta Lee
Collins, Fred'k W.	Mackintosh, Malcolm	R. Walker, Harry F.
Crouch, Wm. T.	Mather, Carroll J.	Willson, Frank L.
Dawson, W. C.	McDonald, James E.	Warkentin, Jack
Denny, L. L.	McKibben, David M.	Wellhoefer, Paula
Denny, Myrtle	McLaughlin, D. E.	Zimmerman, Hans
Doelker, G. A.	Miller, John T.	

Many of the alumni will remember some of the past professors:

Bailey, Wm., Chemistry
 Birdie, F. C., Hydrotherapy and Therapeutic Gymnastics
 Bowen, Arthur M., Jurisprudence
 Cale, Charles A., Diagnosis
 Goettler, Margaret, Dietetics
 Hollinger, Curtis, Second President and Administration
 Hollinger, Julia C., Obstetrics
 Miller, John T., Anatomy and Physiology
 Robinson, Robert B., Eye, Ear, Nose and Throat
 Schramm, Arthur, Naturopathic Medicine
 Schramm, Ellen, Ethics of Nursing
 Schmitt, Norman, Podopraxis
 Schultz, Carl, Founder and First President
 Spelio, Peter N., Biochemistry
 Tyndall, C. W., President and Current Administrator

Emerson University Research Council welcomes into affiliation and co-operation the research councils of the following:

American School of Naturopathy
 First National University of Naturopathy
 Villamor University of Manila
 British and Australian Institute of Naturopathy
 College of Botanic Medicine, London
 Central University of Canada
 Lincoln College of Naturopathic Physicians and Surgeons
 National College of Canada
 Lucem College of Sciences
 Academy of Naturopathic Science and Research

Other Research organizations are solicited to exchange their views and to affiliate with us.

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†Dr. Charles Cale	Dr. Leslie R. Drown
Dr. Ralph Caliguiri	Dr. John H. Durnil
Dr. Charles Camlot	Dr. Marie M. Durrand

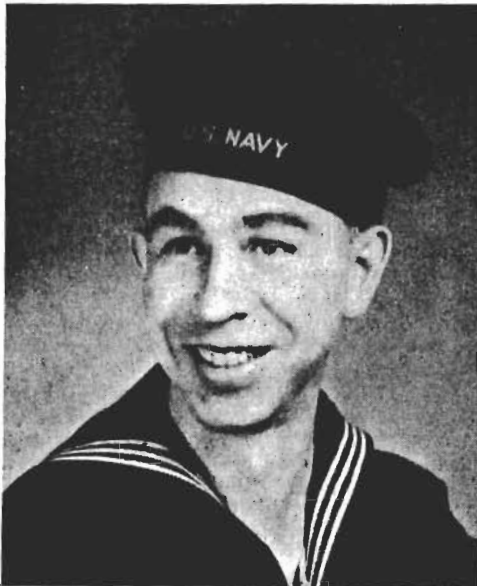
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 Dr. Ruby L. Hoffman
 Dr. Lyle Day Holland
 Dr. Curtis Hollinger
 Dr. Julia C. Hollinger
 Dr. August A. Hollos
 Dr. Arthur Preston Hughes
 Dr. Alvin C. Hunt
 Dr. Florence C. Hunt
 Dr. Fred W. Huppke
 Dr. Fred F. Hyde

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 Dr. Willard G. Jacks
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 Dr. Donald L. Janeway
 Dr. Bernard Jensen
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 Dr. Denton C. Johnson
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 Dr. Waldo H. Jones
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 Dr. Charles E. Stone
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 Dr. Lily E. Swenson

Dr. George Dewey Swick
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Dr. Hans Zimmermann



DR. WALTER HUGH MANSFIELD
Ph.M 1st Class, U. S. Navy